



Oscillating lever arms
with paddles for added
resistance.



ELLIPTICAL POOL BIKE **ELLY**

Nordic walking



TOTAL SPORT

The Elly swimming pool cross-trainer is a complete user-friendly exercise apparatus that combines the benefits of rowing, cross-country skiing, stepping and cycling

The Elly allows you to synchronously, use all the muscles of the body. In fact, around 80% of your muscles are used during an exercise! The secret lies in its elliptical action designed to reproduce as closely as possible the natural movement of running while protecting the joints from impacts. The apparatus consists of a shaft on which are fixed two long pedals connected to two vertical handles (lever arms).

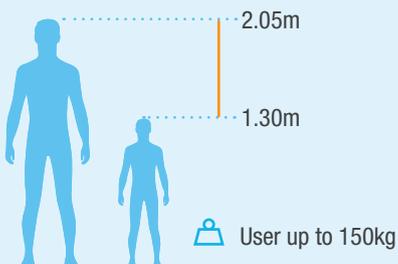
ADVANTAGES

- AISI 316L stainless steel quality
- Wide paddles with straps
- Can be used with bare feet
- White stabilising pads
- Oscillating lever arms
- Anti-corrosion steel treatment
- Non-scratch silicone wheels

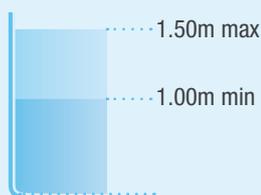
OSCILLATING ARMS



ERGONOMICS FOR EVERYONE



ALL POOL TYPES



Quality	Inox AISI 316L
Dimensions	56 x 112 x H 175 cm
Weight	26 kg
Water depth	1,10 m à 1,50 m
Warranty	3 years for metal parts. 6 months for wearing parts
Ref	WX-ELLY